

**IN THE CLAIMS:**

1 - 8. (CANCELLED)

9. (CURRENTLY AMENDED) A method of increasing ~~the~~ blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:

dry red beet extract; and

dry ~~Astragalus membranaceus~~ Astragalus membranaceus extract.

10. (CURRENTLY AMENDED) A method of increasing ~~the~~ blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:

dry red beet extract; and

dry ~~withania somniferum~~ Withania somniferum extract.

11. (CANCELLED)

12. (CANCELLED)

13. (NEW) A method of increasing blood count of a subject in a synergistic manner, especially a subject going through a chemotherapy treatment, by orally administering the subject with red beet-based composition comprising:

dry red beet extract;

dry *Astragalus membranaceus* extract; and

dry *Withania somniferum* extract.